



2021 Summer Intensive

ANTIGRAVITY THEATER & NATIONAL TRAINING FACILITY
5390 W. Irlo Bronson Memorial Hwy. Kissimmee, FL 34747
(407) 507-3943

AntiGravity's 5-day Intensive is designed to challenge aspiring aerialists, ages 10 thru adult, that wish to pursue serious training from expert instructors. The program focuses on aerial safety, technique, performance quality, specialty aerial apparatus & fitness.

All levels, beginners through professional, are welcome.

→ Overview: Students will be evaluated on the first day of the program, and then placed into class levels that best suit their age, abilities and goals. A variety of apparatuses (such as Silk, Lyra, Hammock, Web, Bungee, Cube, Harness, Straps, Spanset Loops, Hula Hoop, AIRbarre, Frame, Tumble Track, Contortion, etc.) will be used to develop strength, improve flexibility, and polish performance technique, while also having an exciting & memorable experience! Beginners spread their wings by safely learning new skills, while advanced students refine their craft with creative challenges. Program also includes duet & group choreography performed on several specialty & innovative aerial apparatus (**with strict adherence to COVID-19 Safety Protocol**). Basic rigging, safety, 'circle flights' and swinging will be covered as well. Each 5-day session concludes with a casual Showcase demonstrating choreography learned during the week.

PREREQUISITE: Some prior experience is required. At least 1+ yr of quality aerial instruction required for students 10-12 yrs.

→ Intensive Dates & Tuition:

Session: July 19 – July 23 . . . \$395 Total (\$50 Deposit Upfront + \$345 Tuition Balance Due on 1st Day)

- Full-day program, M-F @ 9:30am-3:30pm (6 hrs/day)
- Levels: Beginner thru professional. (1+ year of aerial training required for students under 12 yrs.)
- **Registration Deadline: Mon. July 12th** (\$10 Late Fee applied for registration items received after this date)
 - **ITEMS DUE: [STEP #1] Non-Refundable \$50 Deposit + [STEP #2] Zoho Registration Form** (submit online)
- **Remaining Tuition Balance Due on the 1st Day of Session: Mon. July 19, 2021**
 - *** **'EARLY BIRD' DISCOUNT!** *** \$20 OFF Total Payment if Paid In Full before Thurs. July 1st

PARTIAL PROGRAM RATES: Limited Availability! AG approval required 48hrs+ in advance. (\$95/Full-Day... \$55/Half-Day... \$25/Class)

→ Registration & Payments: Registration is a TWO STEP process to secure your spot...

[STEP #1:] Pay \$50 Non-refundable Reservation Deposit (Access *MINDBODY* payment link thru AntiGravityOrlando.com website.)

[STEP #2:] Complete 'Zoho Online Registration Form' (Find link via social media pages, MindBody, receipt emails or AG website.)

***NEW Students Only: Additional \$25 AG Registration Fee. STARZ TEAM: See Front Desk for tuition discount!**

→ TUITION BALANCE is due on or before 1st day of session (Deposit + Tuition = Total Payment).

- Online payments thru AntiGravity NTF MindBody Website.

Click 'Workshops/Shows/Intensives' tab. Select session, then follow prompts to access or create your 'student account login.' Pay using cc.

	INTERMEDIATE / ADVANCED / PRO (ages 12+)	BEGINNER / INTERMEDIATE (ages 10+)
9:30 – 10am	Group Warm-up (Dance basics, stretch, etc.)	Group Warm-up (Dance basics, stretch, etc.)
10 – 11am	CLASS A (Technique, Ex: silk, lyra, hammock)	CLASS A (Technique, Ex: silk, lyra, hammock)
11 – 12pm	CLASS B (Specialty Apparatus class)	CLASS B (Specialty Apparatus class)
12 – 12:45pm	Lunch (rigging lecture, nutrition, etc.)	Lunch (AG videos shown, safety, nutrition, etc.)
1 – 1:45pm	CLASS C (Technique class + Choreography)	CLASS C (Innovative apparatus + Choreography)
1:45 – 2pm	Conditioning Circuit (Various activities)	Aerial Fitness & Education (AG Yoga, stamina, etc)
2 – 3pm	CLASS D (Specialty apparatus, duets/trios)	Review (Aerial Choreography, duet/trio/group)
3 – 3:30pm	Cool-Down/Stretch (students dismissed)	Cool-Down/Stretch (students dismissed)

→ Sample Daily Schedule:

*Subject to change.

→ Contact: EMAIL: Heather@anti-gravity.com WEBSITE: AntiGravityOrlando.com



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2021 Summer Intensive ENROLLMENT CHECK-LIST

A \$10 Late Fee will apply to each item not completed by the deadline listed below.

NOTICE Enrollment is a 2-step process. Both STEP #1 & STEP #2 must be completed to secure placement in each session. Only then are students considered officially enrolled in AntiGravity's Summer Intensive.

'2021 Summer Intensive Zoho Online Registration Form'

Registration Questionnaire containing important student info, session dates, 2021 Participant Liability Waiver & Photo/Video Release Agreement.

> Link: <https://zfrmz.com/CIGAcM7n73BpeRzKdpAe>

Deadline: Monday July 12th

Pay \$50 Reservation Deposit

Non-refundable fee required to reserve your spot in each Summer Session.

Deadline: Monday July 12th

\$25 AG Registration Fee *NEW students only!*

One-time membership fee required for students not previously registered at AG. New students (or legal guardians) are required to physically sign paper-version of '2021 Student Participation Liability Agreement' prior to Day 1 of session.

Pay Remaining Tuition Balance (\$395 Total, includes Deposit)

Total Payment of \$395 = \$50 Deposit Upfront + \$345 Remaining Tuition Balance. These are considered 2 separate fees. **Due:** Day 1 of session.

Directions: See payment options below. Office staff will also be available on Day 1 to take Remaining Tuition payments as well.

★ ANTIGRAVITY PAYMENT OPTIONS AVAILABLE ★

(A) Either pay in person at AG Front Desk during business hours, **OR**

(B) Pay online through the 'AntiGravity NTF MindBody' website. Use link below:

<https://clients.mindbodyonline.com/classic/ws?studioid=49580&stype=-8&sView=week&sLoc=0>

Just click on the tab labeled 'Intensives.' Select session of choice. Then follow prompts to access or create your 'student account login.' Make your payment using credit card. After you have done so, you will receive a receipt email confirming this payment & your enrollment.