ANTIGRAVITY THEATER & NATIONAL TRAINING FACILITY
5390 W. Irlo Bronson Memorial Hwy. Kissimmee, FL 34746
(407) 507-3943

2022 Summer Intensive

AntiGravity's 5-day Intensive is designed to challenge aspiring aerialists, *ages 10 thru adult,* that wish to pursue serious training from expert instructors. The program focuses on aerial safety, technique, performance quality, specialty aerial apparatus & fitness.
All levels, *beginners through professional,* are welcome.

➔Overview:

Students will be evaluated on the first day of the program, and then placed into class levels that best suit their age, abilities and goals. A variety of apparatuses (such as Silk, Lyra, Hammock, Web, Bungee, Cube, Harness, Straps, Spanset Loops, Hula Hoop, AIRbarre, Frame, Tumble Track, Contortion, etc.) will be used to develop strength, improve flexibility, and polish performance technique, while also having an exciting & memorable experience! Beginners spread their wings by safely learning new skills, while advanced students refine their craft with creative challenges. Program also includes duet & group choreography performed on several specialty & innovative aerial apparatus. Basic rigging, safety, and professional development techniques will be covered as well. The 5-day session will conclude with a casual Showcase demonstrating choreography learned during the week.

PREREQUISITE: Some prior experience is required. At least 1+ yr of quality aerial instruction required for students 10-12 yrs.

➔Intensive Dates & Tuition:

Session: June 27 – July 1 . . . . $415 Total ($50 Deposit Upfront + $365 Tuition Balance Due on 1st Day)

- **Full-day program, M-F @ 9:30am-3:30pm** (6 hrs/day)
- **Levels: Beginner thru professional.** (1+ year of aerial training required for students under 12 yrs.)
- **Registration Deadline: Mon. June 20th** ($10 Late Fee applied for registration items received after this date)
  - ➔ ITEMS DUE: **[STEP #1] Non-Refundable $50 Deposit + [STEP #2] Zoho Registration Form** (submit online)
- **Remaining Tuition Balance Due on the 1st Day of Session: Mon. June 27, 2022**
  - *** 'EARLY BIRD' DISCOUNT! *** **$20 OFF Total Payment if Paid In Full before Wed. June 1st**

$30 STARZ TEAM 'EARLY BIRD' DISCOUNT: See Front Desk to apply extra 'Early Bird Discount' BEFORE June 1, exclusively for current Starz students! $30 will be deducted from the total cost only when payments are received in full before 6/1/22 ($50 deposit + $335 tuition = $385 TOTAL). **NOTE: No classes will be canceled during the week of intensive (see WhatsApp message for more info).**

PARTIAL PROGRAM RATES: Limited Availability! AG approval required 48hrs+ in advance. ($100/Full-Day… $60/Half-Day… $30/Class)

➔Registration & Payments:

Registration is a TWO STEP process to secure your spot…

[STEP #1:] Pay $50 Non-refundable Reservation Deposit (Access *MINDBODY* payment link thru AntiGravityOrlando.com website.)

[STEP #2:] Complete 'Zoho Online Registration Form' (Find link via social media pages, MindBody, receipt emails or AG website.)

➔ **TUITION BALANCE is due on or before 1st day of session (**Deposit + Tuition = Total Payment).

- Online payments thru AntiGravity NTF MindBody Website.
  Click 'Workshops/Shows/Intensives' tab. Select session, then follow prompts to access or create your 'student account login.' Pay using cc.
- **New Students Only**: Additional $25 AG Membership Registration Fee.

➔Sample Daily Schedule:

*Subject to change.

SAMPLE DAILY SCHEDULE

	INTERMEDIATE / ADVANCED / PRO (ages 12+)	BEGINNER / INTERMEDIATE (ages 10+)
9:30 – 10am	**Group Warm-up** (Dance basics, stretch, etc.)	**Group Warm-up** (Dance basics, stretch, etc.)
10 – 11am	**CLASS A** (Technique, Ex: silk, lyra, hammock)	**CLASS A** (Technique, Ex: silk, lyra, hammock)
11 – 12pm	**CLASS B** (Specialty Apparatus class)	**CLASS B** (Specialty Apparatus class)
12 – 12:45pm	**Lunch** (rigging lecture, nutrition, etc.)	**Lunch** (AG videos shown, safety, nutrition, etc.)
1 – 1:45pm	**CLASS C** (Technique class + Choreography)	**CLASS C** (Innovative apparatus + Choreography)
1:45 – 2pm	**Conditioning Circuit** (Various activities)	**Aerial Fitness & Education** (AG Yoga, stamina, etc)
2 – 3pm	**CLASS D** (Specialty apparatus, duets/trios)	**Review** (Aerial Choreography, duet/trio/group)
3 – 3:30pm	**Cool-Down/Stretch** (students dismissed)	**Cool-Down/Stretch** (students dismissed)

➔Contact:

EMAIL: Heather@anti-gravity.com **WEBSITE: AntiGravityOrlando.com**

2022 Summer Intensive
ENROLLMENT CHECK-LIST

A $10 Late Fee will apply to each item not completed by the deadline listed below.

NOTICE **Enrollment is a 2-step process. Both STEP #1 & STEP #2 must be completed to secure placement in each session. Only then are students considered officially enrolled in AntiGravity's Summer Intensive.**

☐ '2022 Summer Intensive Zoho Online Registration Form'

Registration Questionnaire containing important student info, session dates, 2022 Participant Liability Waiver & Photo/Video Release Agreement.

> Link: https://zfrmz.com/JXLQDbPgnXSdfOutjJ7t

Deadline: Monday June 20th

☐ Pay $50 Reservation Deposit

Non-refundable fee required to reserve your spot in the Summer Session.

Deadline: Monday June 20th

☐ $25 AG Registration Fee *NEW students only!*

One-time membership fee required for students not previously registered at AG. New students (or legal guardians) are required to physically sign paper-version of '2022 Student Participation Liability Agreement' prior to Day 1 of session.

☐ Pay Remaining Tuition Balance ($415 Total, includes Deposit)

Total Payment of $415 = $50 Deposit Upfront + $365 Remaining Tuition Balance. These are considered 2 separate fees. Due: Day 1 of session.

$30 STARZ TEAM 'EARLY BIRD' DISCOUNT: See Front Desk to apply extra 'Early Bird Discount' BEFORE June 1, exclusively for current Starz students! $30 will be deducted from the total cost only when payments are received in full before 6/1/22 ($50 deposit + $335 tuition = $385 TOTAL). **NOTE: No classes will be canceled during the week of intensive (see WhatsApp message for more info).**

Directions: See payment options below. Office staff will also be available on Day 1 to take Remaining Tuition payments as well.

★ ANTIGRAVITY PAYMENT OPTIONS AVAILABLE ★

(A) Either pay in person at AG Front Desk during business hours, **OR**

(B) Pay online through the 'AntiGravity NTF MindBody' website. Use link below:

https://clients.mindbodyonline.com/classic/ws?studioid=49580&stype=-8&sView=day&sLoc=0

Just click on the tab labeled 'Intensives.' Select session of choice. Then follow prompts to access or create your 'student account login.' Make your payment using credit card. After you have done so, you will receive a receipt email confirming this payment & your enrollment.